



# LETTERS ALOUD

## 2015-16 OUTREACH PROGRAM

### WRITE A LETTER TO YOUR 16-YEAR-OLD SELF

60-90 minutes, Ages 25+

#### *Introductions (5-10 minutes):*

- Get to know the group.

#### *Writing prompt (10 minutes):*

- Write down 10 celebrities (any genre, i.e., movie stars, fictional characters, politicians, religious figures, etc.) whom you greatly admire and why. Short discussion.
- Write down 10 celebrities who you admired when you were 16 years old and why. Short discussion.

#### *Sample Letters from "Dear Me: A letter to my 16-year-old self" (10-15 minutes):*

- Project images of 2-3 real letters written from famous people to their 16-year-old selves.
- Break down one of the letters into the following categories:
  - Structure of letter
  - Humor within letter
  - Heart & soul of letter
  - Message

#### *Assignment: Write a letter to your 16-year-old self. (30 minutes):*

- Hand out stationary and pens.
- Letter must include references to two of the celebrities in your top ten list (plus one or two other prompts)
- Teachers will observe, offer suggestions where needed.

#### *Share (10-15 minutes):*

- Students who wish to share may either read the letter in class OR have one of our professional actors read it out loud.
- Hand out envelopes (with permission slips) and encourage class to mail their letter—or a letter they write at a future date—to Letters Aloud. We will post the most interesting ones on our website or possibly use them in a future show.